

[tasklist.org](http://tasklist.org) - A comprehensive list of processes running in your computer

Filename: uptodate.exe

Name: UpToDate

Description: [BrowserAid/BrowserPal](#) foistware

Recommendation: Definitely not required - typically viruses, spyware, adware and "resource hogs"

We found that [Easy SpyRemover](#) is the most effective tool for removing this file.

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