

[tasklist.org](http://tasklist.org) - A comprehensive list of processes running in your computer

Filename: taskgmrs.exe

Virus Name: Worm/Mytob.DJ

Type: Trojan

Risk: Medium

Description: This is now the most common type of virus. It spreads as an attachment to an e-mail sent from the infected computer. It is also able to spread by other methods - copying itself to shared network disks in local network, sending via IRC or as a file with some alluring name within a folder on a peer-to-peer file sharing system.

%SYSDIR%\taskgmrs.exe

Recommendation: Definitely not required - typically viruses, spyware, adware and "resource hogs"

We found that [Easy SpyRemover](#) is the most effective tool for removing this file.

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