

[tasklist.org](http://tasklist.org) - A comprehensive list of processes running in your computer

Filename: pull.exe

Name: Push Client

Description: Client software from <a href="http://www.interwise.com/products/iCast.asp">Interwise</a> that MS use for their webcasts

Recommendation: Not required - typically infrequently used tasks that can be started manually if necessary

We found that [Easy SpyRemover](#) is the most effective tool for removing this file.

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