

[tasklist.org](http://tasklist.org) - A comprehensive list of processes running in your computer

Filename: help.exe

Name: once

Description: Identified as the DELF.LF by [www.ewido.net/en/](http://www.ewido.net/en/)Ewido Security Suite

Recommendation: Definitely not required - typically viruses, spyware, adware and "resource hogs"

We found that [Easy SpyRemover](#) is the most effective tool for removing this file.

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