

tasklist.org - A comprehensive list of processes running in your computer

Filename: fast.exe

Name: fast

Description: Installs as part of Windows XP PowerToys as an option for very-fast user switching (allowing a keystroke to switch users instead of using the login screen). It is only used for the hot-key switch and yet it hogs 1.5 megs of memory in two separate processes (one run by the user & one by the system). Optional install in PowerToys

Recommendation: Not required - typically infrequently used tasks that can be started manually if necessary

We found that [Easy SpyRemover](#) is the most effective tool for removing this file.

[Back to fast.exe](#)