

[tasklist.org](http://tasklist.org) - A comprehensive list of processes running in your computer

Filename: XPLoogNT.exe

Name: Windows Update

Description: Added by the <a

[www.sophos.com/virusinfo/analyses/trojbancdb.html](http://www.sophos.com/virusinfo/analyses/trojbancdb.html)>BANCD-B</a> TROJAN!

Recommendation: Definitely not required - typically viruses, spyware, adware and "resource hogs"

We found that [Easy SpyRemover](#) is the most effective tool for removing this file.

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