

tasklist.org - A comprehensive list of processes running in your computer

Filename: VAIUpdt.exe

Name: VAIO Update 2

Description: Related to Sony Vaio Update service. This program is non-essential process to the running of the program, but should not be terminated unless suspected to be causing problems

Recommendation: User's choice - depends whether a user deems it necessary

We found that [Easy SpyRemover](#) is the most effective tool for removing this file.

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